

SCHEDULING STATUS: **S6**

## MINK SOUR OG CHEESE

Cannabidiol 1 mg/g; Tetrahydrocannabinol 269 mg/g;  
Cannabigerol 19 mg/g

### Read all of this leaflet carefully before you start taking MINK SOUR OG CHEESE

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor, pharmacist, nurse or other health care provider.
- MINK SOUR OG CHEESE has been prescribed for you personally and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.

### WHAT IS IN THIS LEAFLET?

1. What MINK SOUR OG CHEESE is and what it is used for?
2. What you need to know before you take MINK SOUR OG CHEESE?
3. How to take MINK SOUR OG CHEESE
4. Possible side effects
5. How to store MINK SOUR OG CHEESE
6. Contents of the pack and other information

### 1. WHAT MINK SOUR OG CHEESE IS AND WHAT IT IS USED FOR?

MINK SOUR OG CHEESE is cannabis flos/flower containing cannabinoids.

MINK SOUR OG CHEESE may have a role in a number of medical conditions. These include chemotherapy-induced nausea and vomiting associated with cancer, refractory paediatric epilepsy called Dravets syndrome, palliative care, cancer pain, neuropathic pain, spasticity from neurological conditions (multiple sclerosis), appetite loss associated with chronic illness, post-traumatic stress disorder (PTSD), chronic pain (not of cancer origin), fibromyalgia, migraines and anxiety.

This medicine is only available with a doctor's prescription.

### 2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE MINK SOUR OG CHEESE?

#### DO NOT TAKE MINK SOUR OG CHEESE IF:

- you are sensitive (allergic) to any extracts or to any the active ingredients or to any of the other ingredients that this product contains or if you develop sensitivity while using it.
- You are allergic or hypersensitive to Cannabis. Some of the symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.
- You are pregnant, planning to become pregnant, or if you are breastfeeding.
- have serious liver, kidney, heart or lung disease.
- have a personal or family history of serious mental disorders such as schizophrenia, psychosis, depression, or bipolar disorder.
- have a history of alcohol or drug abuse or substance dependence.
- Do not use this medicine after the expiry date printed on the pack, or if the packaging is showing signs of tampering.

Do not use this medicine if any of the above applies to you. Talk to your doctor if you are concerned about starting this medicine.

#### WARNINGS AND PRECAUTIONS:

Tell your doctor or health care provider before being given MINK SOUR OG CHEESE

- If you are pregnant or plan to become pregnant.
- If you are under 18 years of age.
- If you have epilepsy or regular fits (seizures).
- If you have kidney problems.
- If you have moderate to severe liver problems.
- If you have a serious heart problem such as angina, a previous heart attack, poorly controlled high blood pressure or a problem with your heart rate or heartbeat.
- If you are elderly, especially if you have problems doing everyday activities such as making hot food and drinks.
- If you have previously abused any drug or substance.

If you have not told your doctor about any of the above, tell them before you start using MINK SOUR OG CHEESE.

You should also tell any health professional who is prescribing a new medication for you that you are taking MINK SOUR OG CHEESE. Some medicines may interfere with MINK SOUR OG CHEESE.

If any of the above applies to you (or you are not sure), talk to your doctor before using MINK SOUR OG CHEESE. If you start seeing a different doctor or going to hospital, let them know all the medicines you are using.

#### OTHER MEDICINES AND MINK SOUR OG CHEESE

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

This is because MINK SOUR OG CHEESE may affect the way some other medicines work. Also, some other medicines can affect the way MINK SOUR OG CHEESE works.

In particular, tell your doctor or pharmacist if you are using medicines for:

- anxiety or sleeping problems (sedatives/hypnotics like benzodiazepine, for example diazepam or triazolam; other sedatives, for example zopiclone, zolpidem, buspirone, St John's Wort (a herbal preparation))
- muscle spasms (such as baclofen) bacterial infections (antibiotics such as rifampicin, clarithromycin)
- epilepsy or nerve pain (such as phenytoin, phenobarbital, carbamazepine)
- high cholesterol (known as statins; for example, atorvastatin or simvastatin)
- fungal infections (such as itraconazole, fluconazole and ketoconazole)
- HIV infection (for example ritonavir)
- thinning your blood (known as coumarins; for example, warfarin)
- heart problems (known as betablockers, for example bisoprolol, propranolol)
- corticosteroids used for inflammation (such as hydrocortisone, beclomethasone, prednisolone)
- Some hormone medicines used for contraception or some types of cancer (such as ethinyloestradiol, levonorgestrel or dydrogesterone)

#### MINK SOUR OG CHEESE WITH FOOD AND DRINK AND ALCOHOL

In general, alcoholic beverages should be avoided whilst using MINK SOUR OG CHEESE especially at the beginning of treatment or when changing dose. If you do drink alcohol while using MINK

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**SOUR OG CHEESE**, be aware that using **MINK SOUR OG CHEESE** and alcohol together may increase their effects (such as loss of balance or ability to respond quickly) which could increase the risk of falls and other accidents.

- You can use **MINK SOUR OG CHEESE** with or without food, however it is advised not to take it on empty stomach.
- Do not drink grapefruit juice while you are taking medicinal cannabis.
- Eating a light meal is recommended 30 minutes after taking the product.

### PREGNANCY AND BREASTFEEDING AND FERTILITY

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

- Do not use **MINK SOUR OG CHEESE** during pregnancy, unless advised to by your doctor. **MINK SOUR OG CHEESE** may affect the way hormonal birth control methods, such as the “pill” or contraceptive implants, work. This means you should use an additional type of contraception. Whether male or female you must use a reliable barrier contraceptive method such as a condom, diaphragm or cap while using this medicine. Keep doing this for at least 3 months after your treatment has stopped.
- Do not use **MINK SOUR OG CHEESE** while breast-feeding.

### DRIVING AND USING MACHINES

It is not always possible to predict to what **MINK SOUR OG CHEESE** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in the above activities until they are aware of the measure to which **MINK SOUR OG CHEESE** affects them.

You must not drive or use machinery when you first start to take **MINK SOUR OG CHEESE** and until you are established on a stable daily dose.

- **MINK SOUR OG CHEESE** may cause you to feel sleepy or dizzy, which may impair your judgment and performance of skilled tasks. It has also rarely been reported to cause a brief loss of consciousness.
- Once you are more used to taking **MINK SOUR OG CHEESE** and your dose is stable, you should still not drive or use machinery if **MINK SOUR OG CHEESE** causes effects such as sleepiness or dizziness that could impair your ability to

perform these tasks. If you are not sure, do not drive or operate machines.

The medicine can affect your ability to drive as it may make you sleepy or dizzy.

- Do not drive while taking this medicine until you know how it affects you.
- It is an offence to drive if this medicine affects your ability to drive.

### FOREIGN TRAVEL WITH MINK SOUR OG CHEESE

Before going abroad, check that it is legal for you to take this medicine. This includes any countries you are travelling through.

- **MINK SOUR OG CHEESE** is a controlled drug and its legal status will vary between countries.
- It is strongly recommended that you keep a copy of your doctor’s contact details and business card on your person at all times for any emergency purposes.
- Driving while taking **MINK SOUR OG CHEESE** might be illegal in some countries.

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### 3. HOW TO TAKE MINK SOUR OG CHEESE

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Do not share medicines prescribed for you with any other person.

### RECOMMENDED DOSE

Your doctor will work out the correct dose of **MINK SOUR OG CHEESE** for you and how often it must be taken.

Always use this medicine exactly as described in this leaflet or as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

- You can take **MINK SOUR OG CHEESE** with or without food. However, taking **MINK SOUR OG CHEESE** with food can affect the amount your body takes in. You should try, as far as possible, to take **MINK SOUR OG CHEESE** the same way in relation to food each time, so you get the same effect each time.

Your doctor will tell you how long your treatment **MINK SOUR OG CHEESE** will last.

If you have the impression that the effect of **MINK SOUR OG CHEESE** is too strong or too weak, tell your doctor or pharmacist.

### USING MINK SOUR OG CHEESE

Vaporisation is the recommended method for inhaling dried medical cannabis flower.

A vaporiser is a device that heats dried medical cannabis without causing combustion.

Vaporisation produces a vapour rich in cannabinoids that can be inhaled directly. Please follow the instructions that come with your vaporiser.

A titration period may be required to reach your optimal dose. Your doctor will provide you with a treatment schedule based on your needs. Always use **MINK SOUR OG CHEESE** exactly as your doctor has told you.

When you first start using **MINK SOUR OG CHEESE**, start with 1 inhalation and wait at least 15 minutes before consuming more. Increase by 1 inhalation every 15-30 minutes until the optimal dose is achieved.

Only a doctor can start you on treatment with **MINK SOUR OG CHEESE**. Your doctor will assess you from time to time to see if you should continue taking it.

### HOW LONG TO USE MINK SOUR OG CHEESE

Continue to use this medicine for as long as your doctor tells you to. Dependence is unlikely.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

### IF YOU TAKE MORE MINK SOUR OG CHEESE THAN YOU SHOULD (OVERDOSE)

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you accidentally use more of this medicine than you normally do, you may:

- See or hear things that are not there (hallucinations).
- Feel dizzy, sleepy or confused.
- Feel your heart rate change.
- Please tell your doctor or pharmacist if you used more **MINK SOUR OG CHEESE** than you should.

### IF YOU FORGET TO TAKE MINK SOUR OG CHEESE

If you forget a dose, take your flos as soon as you remember.

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Do not increase dose at the same time to make up for a missed dose. If you have trouble remembering when to use your medicine, talk to your pharmacist or doctor.

### IF YOU STOP USING MINK SOUR OG CHEESE

If for any reason you decide to stop using **MINK SOUR OG CHEESE**, tell your doctor or pharmacist. If you stop using your medicine suddenly your sleep, appetite or feelings might be affected for a short time. Your muscle stiffness usually comes back gradually if you stop using **MINK SOUR OG CHEESE**.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

### 4. POSSIBLE SIDE EFFECTS

**MINK SOUR OG CHEESE** can have side effects.

Not all side effects reported for **MINK SOUR OG CHEESE** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking **MINK SOUR OG CHEESE**, please consult your health care provider for advice.

If any of the following happens, stop taking / using **MINK SOUR OG CHEESE** and tell your doctor immediately or go to the casualty department at your nearest hospital as you will need to be monitored until the symptoms stop:

- seeing or hearing things that are not there (hallucinations).
- believing ideas that are not true.
- feeling that other people are against you.
- thoughts of suicide.
- feeling depressed or confused.
- feeling over-excited or losing touch with reality

These are all very serious side effects. If you have them, you may have had a serious reaction to **MINK SOUR OG CHEESE**. You may need urgent medical attention or hospitalisation.

The following side effects are more likely when you start your treatment. In most cases side effects are quite mild and they generally wear off within a few days.

Tell your doctor if you notice any of the following:

#### Very common (affecting more than 1 in 10 people)

- Feeling dizzy or tired.
- Fatigue.

#### Common (affecting less than 1 in 10 people)

- Anorexia (including appetite decreases), appetite increases.
- Depression, disorientation, dissociation, euphoric mood.
- Amnesia, balance disorder, disturbance in attention, dysarthria, dysgeusia, lethargy, memory impairment somnolence.
- Blurred vision.
- Vertigo
- Constipation, diarrhoea, dry mouth, glossodynia, mouth ulceration, nausea, oral discomfort, oral pain, vomiting.
- Application site pain, asthenia, feeling abnormal, feeling drunk, malaise.
- Loss of balance or falling over.

#### Uncommon (affecting less than 1 in 100 people)

- Pharyngitis.
- Hallucination (unspecified, auditory, visual), illusion, paranoia, suicidal ideation, delusional perception.
- Syncope.
- Palpitations, tachycardia.
- Hypertension.
- Throat irritation.
- Abdominal pain (upper), oral mucosal discolouration, oral mucosal disorder, oral mucosal exfoliation, stomatitis, tooth discolouration.
- Application site irritation.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

#### REPORTING OF SIDE EFFECTS

If you get side effects, talk to your doctor or pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **MINK SOUR OG CHEESE**.

You should also report side effects to the Holder of Certificate.

You should also report side effects to [info@africann.net](mailto:info@africann.net)

The contact details for our national reporting system are:

Email: [safety@africann.net](mailto:safety@africann.net)

### 5. HOW TO STORE MINK SOUR OG CHEESE

Store all medicines out of reach of children.

Store upright in its carton at or below 25 °C. Keep away from heat and direct sunlight.

Do not use after the expiry date stated on the label.

Do not use **MINK SOUR OG CHEESE** if you notice visible signs of deterioration.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

### 6. CONTENTS OF THE PACK AND OTHER INFORMATION

#### What **MINK SOUR OG CHEESE** contains

**MINK SOUR OG CHEESE** is dried cannabis plant material, fresh cannabis plant material and products derived from fresh or dried cannabis.

**MINK SOUR OG CHEESE** contains the active ingredients delta-9-tetrahydrocannabinol (THC), Cannabidiol (CBD) & cannabigerol (CBG).

#### What **MINK SOUR OG CHEESE** looks like and contents of the pack

**MINK SOUR OG CHEESE** is cannabis flos/flower packaged in a sealed plastic container.

#### Holder of Certificate of Registration

To be allocated

#### Registration number

To be allocated

#### Access to the corresponding Professional Information

[info@africann.net](mailto:info@africann.net)